Sedation Options for Endoscopy

The following sedation options are available for endoscopic procedures at Eastside Endoscopy Center:

1. **Deep Sedation**: Medication used includes propofol, an anesthetic that produces a deep level of sleep and sedation. Patients generally experience very relaxing sleep throughout their entire procedure, have no discomfort, and do not recall their test. Propofol is very short acting drug, so patients wake up almost immediately after their procedure, without nausea. Because the effects of propofol are so short, patients are coherent immediately after their test and are able to understand results and post-procedure recommendations when they speak to their physician prior to discharge. Side effects for propofol most commonly include lowering blood pressure and heart rate.

2. **Moderate (Conscious) Sedation**: Medications used are typically Versed & Fentanyl. Versed causes relaxation, sleepiness and can cause complete or partial loss of memory during the use of the drug. Fentanyl is a narcotic used for pain control. Moderate or conscious sedation produces a very light sedation where most patients doze off slightly, but are arousable. Because of the light sedation, some patients may intermittently awaken and recall some of their test or experience abdominal cramping, and occasionally nausea and vomiting in recovery. Because of the duration of action of these medications, patients may remain somewhat sleepy and sedated after completion of their test, and some patients may not be able to have reasonable discussions with their physicians about test results and recommendations.

3. **No Medication**: Some patients opt for no medication for their procedure. This option is available and may be discussed with your physician.

*If you have questions about the billing for the anesthesia services, please call 425-407-1500.*